



**Houston • August 26-28, 2011**

**Reliant Center**

One Reliant Park • Houston, TX 77054 • Hall A

Friday 11 AM - 5 PM • Saturday 10 AM - 5 PM • Sunday 11 AM - 4 PM

## Experience Abilities Expo...

### **We discovered wheelchair accessories to make our lives easier!**

"We were quite pleased with the turnout of vendors for people of all disabilities. We especially like the new inventions brought in by guys who know firsthand what is needed for those in a chair. It takes a person with a disability to understand the meaning of 'disability'." Trish N., Houston Abilities Expo

### **I saw my son walk hands-free for the first time with the help of a special walker!**

"He had the biggest smile from ear to ear. He lifted up his knee and as soon as I saw that first step, I just started crying because I'd never seen that before. He kept saying, 'I'm doing it, Mommy, I'm doing it. I'm walking! I'm strong!'" Desiree T., Los Angeles Abilities Expo

### **Everything I need is all in one place!**

"Finally, a place where ALL the options can be presented, including options that I haven't even dreamed of! Even though the Internet has made the supply and demand path shorter, it's still hard to find just what you are looking for online." Reba D., New York Metro Abilities Expo

### **The highlights for my kids were the sporting events and other activities!**

"They couldn't get enough of it and we even had to visit the free wheelchair maintenance booth to get things tightened up! We also made contact with an adaptive sports program. The expo made my job as a parent of children with disabilities a lot easier." Heather B., Houston Abilities Expo

### **I made lasting connections with people from across the country.**

"I think my favorite part is networking with people, as that's how I can continue being a resource for others. The more I know, the more I can help others! Interacting with other professionals with different capabilities was inspiring to me as well!" Angie P., Chicago Abilities Expo

### **I learned so much from the free workshops.**

"I was able to attend a workshop for travel and will share with the MS Self Help Group I attend and help facilitate. The workshop was great. It was hard for me to take enough notes!" Gail W., Chicago Abilities Expo

### **I feel 20 years younger thanks to Abilities Expo.**

"WOW! I never thought my arthritis would let me pick up a spoon again and I found a whole set of cutlery designed for people like me. There were all sorts of practical gadgets to make lives for seniors, like me, easier." Robert S., Atlanta Abilities Expo

**FREE**  
Admission

**[www.abilitiesexpo.com](http://www.abilitiesexpo.com)**

**Register online for priority access!**

See reverse side for directions and parking information.



# Directions and Parking

## From the North

- Take I-45 (south) or Hwy. 59 (south) to Hwy. 288 (south)
- Take Hwy. 288 (south) to 610 Loop (west)
- Take 610 (west) to Fannin or South Main exit
- Exit and turn right on Fannin or South Main
- From Fannin turn left on Naomi or Holly Hall
- From South Main turn right on McNea
- Enter main gate at Reliant Park

## From the South

- Take I-45 (north) or Hwy. 288 (north) to 610 (west) to Fannin or South Main exit
- Exit and turn right on Fannin or South Main
- From Fannin turn left on Naomi or Holly Hall
- From South Main turn right on McNea
- Enter main gate at Reliant Park

## From the East

- Take I-10 (west) to 610 (south)
- Take 610 (south) to Fannin or South Main exit
- Exit and turn right on Fannin or South Main
- From Fannin turn left on Naomi or Holly Hall
- From South Main turn right on McNea
- Enter main gate at Reliant Park

## From the West

- Take I-10 (east) to 610 (south)
- Take 610 (south) to South Main or Fannin exit
- Exit and turn left on South Main or Fannin
- From Fannin turn left on Naomi or Holly Hall
- From South Main turn right on McNea
- Enter main gate at Reliant Park

## Parking and Drop-off

To access parking, exit Kirby Drive off of 610, enter property at Kirby and McNea (Gate 10) and proceed straight on Reliant Parkway through the second stop sign. Please follow the signage directing you to take a left under the awning at the Reliant Center Rotunda if you would like to drop off any passengers. Then, please park in the adjacent orange lot in a designated ADA parking space with appropriate ADA plates/tags, or a general parking space if you do not have ADA plates. Parking is \$8/day and is subject to change. Visit [www.reliantpark.com](http://www.reliantpark.com) for up-to-date information.



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